

## COVID GUIDELINES FOR NEW START APRIL 2021

### Before attending class

1. Please ensure you are well and it is safe for you to attend class by the latest government guidance: <https://www.gov.uk/coronavirus>
2. Do not leave home and do not attend class if you or anyone you live with has coronavirus or any of the following symptoms: a high temperature, a new continuous cough, a loss of, or change to, your sense of smell or taste
3. Check with the NHS if you have symptoms: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

### Before travelling to class

1. Students should come dressed for class and ready for their class, wearing the required dance clothing underneath any additional clothing required to travel in to stay warm.
2. Students should travel home to change after class.
3. Students should come to class ideally carrying no bag and arrive with only their required dance shoes in hand. If a bag is required we ask that this is small and carries only essentials.
4. Always wear clean, freshly washed clothes each day to class to avoid cross contamination from other activities or places where clothes may have been worn previously.
5. Students wear slip on outdoor shoes that are easy to put on and off.
6. Students must wear a form of dance shoes. Bare feet will not be permitted.
7. Masks are not required to be worn in the dance studio where social distancing will be in place .
8. Class times have been altered to allow time for the previous class to exit before the next class arrives and to give us time to clean any equipment. We will have a one way in and out system in place to avoid any congestion. Please do not arrive more than 5 minutes before class starts.
9. Students under 13 years of age, must be accompanied by an adult until they have been granted access to the building.
10. Only one adult must accompany the student to the school entrance.
11. On arrival students and parents/guardian (if applicable) will be asked to queue following social distancing measures, standing 2m apart
12. Students will be registered on entry to the building.

13. Please ensure you arrive on time to collect the student to avoid delays.

#### Upon Entry

1. The student declares and confirms that they do not have any symptoms of coronavirus
2. The student has sanitised their hands.

#### In class

1. Dance studios have been marked with 2m social distancing.
2. Students will be advised by teachers where their spot is and how to move around the studio safely.
3. Class numbers have been restricted to fall in line with government guidance.

#### Going to the toilet

1. Students, where possible go to the toilet in their own home prior to travelling to the halls to help limit the use of the facilities within the building.
2. If required to use the toilet within the building, students will be given access to the nearest available facility.
3. Users should wash their hands using soap and water provided continually for 20 seconds and follow signage advising on good hand washing technique.

#### When you arrive home

1. Please ensure you wash your hands, thoroughly, as soon as you get home. Wash your clothes and PPE in preparation for your next class.

#### Rules to keep everyone safe

1. Entry to the ballet venues are strictly only provided to students who are attending class (at their arrival time) and required staff. No access to the building will be granted to members of the public or parents/guardians. Only in the case of a medical emergency will parents/guardian be given access via a member of staff dealing with the situation.
2. Parents/guardians must accompany students throughout the entry checks and take full responsibility for the student they are escorting until a member of staff advises they are able to leave.
3. Students should maintain social distancing as much as possible within the building and respect others.